

Training News

Safety in focus with better peace of mind

AT Eye Spy Signs in Cambridge, Nicky Bawle has the safety of her coworkers firmly in focus.

The office manager recently completed a St John Ambulance First Aid Level Two course funded by the Tasmanian Building and Construction Industry Training Board.

She said the course was not only a legal requirement in her dual role as Human Resource Manager but vital for her own peace of mind.

"I'm the first person the staff come to when they injure themselves and it's good for me to know I have the skills to help them," she said.

"The staff are dealing with aluminum so they get lots of cuts and a few splinters, it's good to know exactly what to do." The course covered CPR, dealing with head injuries, shock, severe bleeding,

sprains and spinal injuries, among many topics.

Eye Spy Signs employs 25 people of varying ages, several of the staff are aged over 40 which Nicky said statistically puts them at greater risk of heart attacks.

"Older people are more at risk so it's good to know what to do - if I had to - in keeping them comfortable and potentially saving a life."

As a mum, Nicky said increasing her first aid skills was invaluable.

"Ironically the day I was at the course my daughter fell over at child care and fractured her two front teeth," she said.

"You just never know what can happen at any time, anywhere. I like to think I won't have to use my first aid, but chances are I will."



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